

Our Mission and Purpose

TRIO Student Support Services is an academic support program designed to increase the academic performance, retention and graduation rates of participants.

SSS offers academic advising, financial aid counseling, career/major counseling, personal support, one-on-one & group tutoring, academic support programs, computer training, mentoring programs and cultural/social activities.

**** **Important Reminders** ****

Tutoring slots available. Must be a participant. See Krista to sign up.

Cash Course everyone needs to complete this to be a part of TRIO.

ETS Success Navigator
Session number available
Contact Krista or Sharon

Sign up to be a Mentor or Mentee!
Contact Sharon Blackfox

TRIO
STUDENT SUPPORT SERVICES

Cries from the Basement



January 2018

STUDENT SPOTLIGHT

Trio is spotlighting **Robert Rivera** for the month of January.



Robert is 40 years old, single, and does not have any kids. He grew up in Los Angeles, California in the North Atwater village district commonly known as Toonerville. Robert has been an artist most of his life, at the age of 19, he drove cross country working arts and craft shows. During this time he was casting people's hands, faces, and bodies out of plaster. Besides being an artist he also was a residential carpenter for fifteen years building homes from

California to Florida. Traveling has been a big part of Robert's life visiting 31 states and 8 countries such as Egypt, France, England, Greece, Turkey and Italy. He moved from Florida back in 2012 to pursue a college education. He obtained his associates degree at Eastern Oklahoma State College in general studies and was also a member of Phi Beta Lambda (PBL) business club. Robert continued his education and transferred to Northeastern State University in fall 2015. His major is Liberal Arts with an emphasis in graphic design. Robert's plan after graduation is to find a career in graphic design and to continue to help others to achieve their goals. Robert is very grateful to TRIO for everything they have done to push him in the right direction. He said there's no better way to pay back TRIO then to pay it forward to next generation that wants to pursue great things in education.

Robert, you are very talented and TRIO supports you on all your future endeavors.



Avoiding **PLAGIARISM** Workshop

When??



Tuesday, Jan. 23rd & Wednesday, Jan. 24th

From 8 am—12 pm & 1 pm — 5 pm



Drop-in Workshop!!
it only takes 30 min!

****Those who attend will be given one entry for a prize drawing to potentially win one of two prizes!****



Upcoming Events!

January 8 - Classes Begin

January 15 – No Classes (MLK)

January 18 – Mentor/Mentee Meeting

January 22 - Last day to withdraw from a class and receive a refund.

January 23-24 – Avoiding Plagiarism Workshop (See Krista)



MULTIPLE TUTORS

MULTIPLE SUBJECTS

INCLUDING MATHEMATICS & SCIENCE!

STARTING MONDAY JANUARY 8TH

START THE SEMESTER OFF RIGHT!

GROUP TUTORING MONDAY NIGHTS 5-7PM

Group tutoring will be held Monday evenings from 5:00 pm to 7:00 pm at the TRIO Student Support Services office starting next Monday January 8th. There will be multiple tutors on hand and a variety of subjects will be covered. Come check it out and stay ahead this semester! ©



QUESTIONS?
Call 958-444-3035
or
Stop by the office.

TRIO SSS NEW OFFICE HOURS SPRING 2018



EFFECTIVE MONDAY, JANUARY 8, 2018

- Monday: 8 a.m. – 7 p.m.
- Tuesday through Friday: 8 a.m. – 5 p.m.

You asked, we delivered! Extended office hours on Monday's for the spring 2018 semester. Please note that if campus is closed the SSS office will also be closed. Times and days of extended hours are subject to change (notification will be sent out if changes are made).

Tutoring slots available! Contact the TRIO office and sign up for tutoring for the spring



Computer lab open to all TRIO participants from 8 am to 5 pm Monday – Friday!



Break room for TRIO students use for taking a break from classes to having breakfast or lunch or drinking a cup of coffee with other TRIO students!



Advisement and Financial Aid assistance from the TRIO Coordinators!



Brenda Bishop

Congratulations to our Fall Graduates

- Brenda Bishop
- Darien Calicott
- Tonya McNeely
- Misty Pritchett
- Ravene Bolden
- Jessica Lee
- Kaitlin Napier



Jessica Lee



Misty Pritchett



Darien Calicott



Ravene Bolden

Mentors develop
Leadership Skills



TRIO Mentoring Program

Will provide freshmen and sophomores with a one-on-one peer mentor who will give guidance and the essential skills to navigate through college and achieve overall success.

Mentees develop
Team building Skills



Interested in becoming a mentor or a mentee.
Contact Sharon at
blackfos@nsuok.edu
Or call 918-444-3037



HAPPY BIRTHDAY

To those celebrating in January!

Larry Carney

Brandy Clopton

Joshua Fenn

Rosa Galvan

Traye Green

Heather Harman

B Humphry

Dawn Schuermann

Jessica Sullateskee

Heather Taylor

John Timothy

Hannah Vandecar

Malachi Wood

From Lena, Krista
& Sharon



How to create an **FSA ID**

The FSA ID – a username and password – has replaced the Federal Student Aid PIN and must be used to log in to certain U.S. Department of Education websites. Your FSA ID confirms your identity when you access your financial aid information and electronically sign Federal Student Aid documents. If you do not already have an FSA ID, you can create one when logging in to fafsa.gov, the National Student Loan Data System (NSLDS®) at www.nsls.ed.gov, StudentLoans.gov, StudentAid.gov, and Agreement to Serve (ATS) at www.teach-ats.ed.gov.



- Step 1** When logging in to one of the websites listed above, click the link to create an FSA ID.
- Step 2** Create a username and password, and enter your e-mail address.
- Step 3** Enter your name, date of birth, Social Security number, contact information, and challenge questions and answers.
- Step 4** If you have a Federal Student Aid PIN, you will be able to enter it and link it to your FSA ID. You can still create an FSA ID if you have forgotten or do not have a PIN.
- Step 5** Review your information, and read and accept the terms and conditions.
- Step 6** Confirm your e-mail address using the secure code, which will be sent to the e-mail address you entered when you created your FSA ID. Once you verify your e-mail address, you can use it instead of your username to log in to the websites.

Tip: Important: Only the owner of the FSA ID should create and use the account. Never share your FSA ID.

You can use your FSA ID to sign a FAFSA right away. Once the Social Security Administration verifies your information in one to three days, or if you have linked your PIN to your FSA ID, you will be able to use your FSA ID to access the websites listed above. For help, visit StudentAid.gov/fsaid.

Federal Student Aid
AN OFFICE OF THE U.S. DEPARTMENT OF EDUCATION

PRIDE SPONSOR OF
THE AMERICAN MINT

Web Sites

TRIO Links

Online Application

<https://offices.nsuok.edu/studentssupportservices/SSSHome.aspx>

Cash Course

<http://www.cashcourse.org>

Online Workshops

<https://www.studentlingo.com/nsuok>

FASFA Application

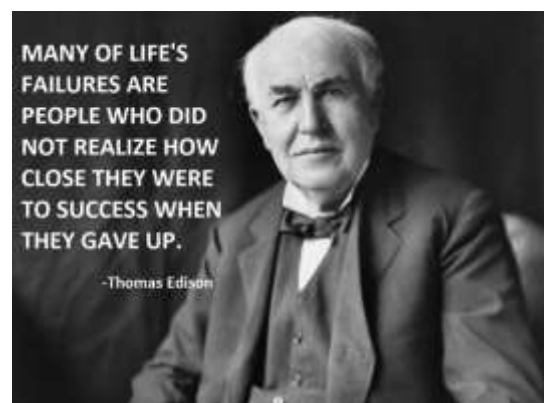
Reminder for the 2018-2019 Academic Year

The Free Application for Federal Student Aid (FAFSA) is awarded on a first come first serve basis, so apply as soon as possible.

Start applying after October 1, 2017 for the academic year 2018-2019. Using income tax information from 2016.

FAFSA <http://StudentAid.gov/fsaid>

FSA ID <https://fsaid.ed.gov>



Don't study
because you need to.
Study because knowledge
is power. Study because they
can never take it away from you.
Study because you want to know
more. Study because it enhances
you. Study because it
grows you.

Revamped Tator Tot Casserole

Ingredients

- 1 package Jimmy Dean precooked turkey sausage crumbles
- 1 package of Green Giant Roasted Veggie Medley Steamables
- 1/2 package (16 ounces) of Ore-Ida Tator Tots
- 1-2 cups mozzarella cheese
- 1 jar of spaghetti sauce



Instructions

1. Preheat oven to 400 degrees.
2. Combine all ingredients, except cheese, into a cast iron skillet or an oven safe baking dish. Place in oven and cook for 15 minutes.
3. Place on broil for three minutes to melt cheese.

<https://www.clarkscondensed.com/recipe/one-dish-20-minute-revamped-tator-tot-casserole/>

DIY Dorm rooms Decor

