

**Our Mission and Purpose**

TRIO Student Support Services is an academic support program designed to increase the academic performance, retention and graduation rates of participants.

SSS offers academic advising, financial aid counseling, career/major counseling, personal support, one-on-one & group tutoring, academic support programs, computer training, mentoring programs and cultural/social activities.

\*\*\*\* **Important Reminders** \*\*\*\*

Cash Course everyone needs to complete this to be a part of TRIO.

ETS Success Navigator  
Session number available  
Contact Krista or Sharon

Sign up to be a Mentor or Mentee!  
Contact Sharon Blackfox

Have a Safe Summer Break!



**Cries from the Basement**



May 2018

**SPOTLIGHTING OUR TUTOR!**

Trio is spotlighting one of our tutors **Riley Carter** for the month of May.



Riley is from Idabel, Oklahoma and, after a brief attendance at Oklahoma State University, has been a Mathematics major here at NSU since 2014. He has been a tutor at Trio for a little over a year, primarily for mathematics, but with the occasional foray into other science subjects. When at

Trio, if he is not helping someone, he is likely either being the IT person or sitting idly by either reading or playing games.

As a Math major, Riley has a passion for numbers—something he tries to instill in everyone in the area, whether he is tutoring them or not. After graduation, he plans to work on getting a Ph.D. in Mathematics and eventually become a professor, working on mathematical research.



**TRIO would like to thank you for your service and helping others! Good Luck!**



Happy Birthday!  
To those celebrating in May!

**Kodilyn Byrd**  
**Nyekeisha Marshall**  
**Viktoria Diaz Martinez**  
**Devin Dry**  
**Letitia Fletcher**  
**Rosamaria Garcia**  
**Gabrielle Renteria**  
**Angel Sawney**  
**Cassandra Weeks**



From Lena, Krista  
& Sharon

Attended the Eighteenth Annual American  
Indian Graduation Convocation April 26, 2018  
TRIO Students: Erica Brady & Kodilyn Byrd







Erica Brady

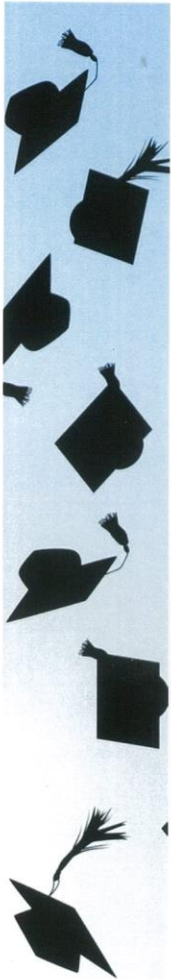


Brandy Clopton & Ashley Pruitt



Heather Taylor

# SSS First Generation Pinning Ceremony 2018



# TRIO

STUDENT SUPPORT SERVICES

## SSS Pinning Ceremony

Thursday - May 3, 2018

2 p.m.

*You are completing a wonderful journey. We are proud of you and all that you have accomplished. Reach for the stars and you will find your dreams.*

Congratulations Graduate!



*Sharon Blackupp  
Krista Boston*



**Congratulations to our  
Tutors! Riley Carter and  
Jayden Ray  
2018 Spring Graduates!**



SSS would like to congratulate all our 2018 Spring Graduates!

**CONGRATS  
GRAD**



- Rakeim Abdul
- Erica Brady
- Kodilyn Byrd
- Brandy Clopton
- Nick Fields
- Ashley Pruitt
- Heather Taylor
- Tiffany Taylor





## How to create an FSA ID

The FSA ID — a username and password — has replaced the Federal Student Aid PIN and must be used to log in to certain U.S. Department of Education websites. Your FSA ID confirms your identity when you access your financial aid information and electronically sign Federal Student Aid documents. If you do not already have an FSA ID, you can create one when logging in to [fafsa.gov](http://fafsa.gov), the National Student Loan Data System (NSLDS®) at [www.nslds.ed.gov](http://www.nslds.ed.gov), [StudentLoans.gov](http://StudentLoans.gov), [StudentAid.gov](http://StudentAid.gov), and Agreement to Serve (ATS) at [www.teach-ats.ed.gov](http://www.teach-ats.ed.gov).



- Step 1** When logging in to one of the websites listed above, click the link to create an FSA ID.
- Step 2** Create a username and password, and enter your e-mail address.
- Step 3** Enter your name, date of birth, Social Security number, contact information, and challenge questions and answers.
- Step 4** If you have a Federal Student Aid PIN, you will be able to enter it and link it to your FSA ID. You can still create an FSA ID if you have forgotten or do not have a PIN.
- Step 5** Review your information, and read and accept the terms and conditions.
- Step 6** Confirm your e-mail address using the secure code, which will be sent to the e-mail address you entered when you created your FSA ID. Once you verify your e-mail address, you can use it instead of your username to log in to the websites.

**Tip: Important:** Only the owner of the FSA ID should create and use the account. Never share your FSA ID.

You can use your FSA ID to sign a FAFSA right away. Once the Social Security Administration verifies your information in one to three days, or if you have linked your PIN to your FSA ID, you will be able to use your FSA ID to access the websites listed above. For help, visit [StudentAid.gov/fsaid](http://StudentAid.gov/fsaid).

**Federal Student Aid**  
AN OFFICE OF THE U.S. DEPARTMENT OF EDUCATION

PRIDE SPONSOR OF  
THE AMERICAN WIND

## Web Sites

TRIO Links

Online Application

<https://offices.nsuok.edu/studentsupportservices/SSSHome.aspx>

Cash Course

<http://www.cashcourse.org>

Online Workshops

<https://www.studentlingo.com/nsuok>

## FASFA Application

### Reminder for the 2018-2019 Academic Year

The Free Application for Federal Student Aid (FAFSA) is awarded on a first come first serve basis, so apply as soon as possible.

Start applying after October 1, 2017 for the academic year 2018-2019. Using income tax information from 2016.

FAFSA <http://StudentAid.gov/fsaid>

FSA ID <https://fsaid.ed.gov>



One week  
till finals



Two days  
till finals



After finals

# Strawberry Summer Salad

- Prep 20 m
- Ready In 20 m

## Ingredients

- 1 cup mayonnaise
- 1/4 cup white sugar
- 1 tablespoon white vinegar
- 1 tablespoon poppy seeds
  
- 1 head iceberg lettuce, torn into bite-size pieces
- 1 bunch fresh spinach, washed, stems removed
- 1/2 cup diced red onion
- 1 (16 ounce) package fresh strawberries, hulled and sliced



## Directions

1. Make a dressing by whisking together the mayonnaise, sugar, and vinegar in a small bowl. Stir in the poppy seeds; set aside.
2. Toss together the lettuce, spinach, and onion in a large bowl. Drizzle the dressing over the salad and toss to coat. Add the strawberries and lightly toss again. Serve immediately.

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