



# Find What You Need at the SASC

The Student Academic Success Center is here to help all NSU students with advising, tutoring, majors and careers, to answer what questions you may have about NSU and help with any issue you may be going through. Our center is open from 7 am to 7 pm and is located in the library on the first floor.

Priority Enrollment is here, so come by to meet with an advisor to develop a plan before it is time to enroll. We can help you read your Degree Audit, evaluate your degree plan, and help you work out a schedule for summer and fall. The advisors at the SASC can also help you to officially declare your major. The most effective way to reach your goals is to make a plan.

With finals quickly approaching, the tutoring services at NSU are ready to help. Visit the SASC website at [nsuok.edu/success](http://nsuok.edu/success) to find the right times and places. Also, remember SmarThinking is a great option for those who are too busy to make it to face-to-face tutoring. It is accessible any time through Blackboard.

If you have not decided on your major or if you need help with a resume and career opportunities, we have programs and services available to help you. Come take the Focus 2 assessment to help decide on a major in or use Optimal Resume to get that head start towards your career.

The SASC is proud to offer educational events and career oriented opportunities for NSU Students. Recently we attended a sport oriented career fair and Thunder game in Oklahoma City, attended a women's conference in Tulsa, and visited St. John's hospital for a tour. We have also taken trips to the Tulsa Zoo accompanied by Dr. Craig Clifford and the Jenks Aquarium with Dr. Eric Terdalto learn more about Biology and Wildlife career opportunities.

We had our second student appreciation day on March 27. This event was to thank all of the students who have come to our center for whatever reason and spoke with a Coordinator. Each student received a thank you gift. Even if you have not come to our center yet, we offer free Friday's where we post an item on our face book page and give away that item for the day. Like us on Facebook at NSU Student Academic Success Center. We also have daily posts of announcements or tips designed to help you succeed at NSU.

The Student Academic Success Center is made up of a team of four Coordinators, three student workers, a staff assistant and director. Our primary focus is to make a significant impact on each student who comes to see us. We invite every student who has a question or needs assistance to come see us and learn how we can help you. No matter what is going on in your life, we want to do what we can to help you be successful at NSU and reach your goals in life.

# MEET the TEAM

## MISSION STATEMENT

The mission for the Student Academic Success Center at Northeastern State University is to create an environment where each individual student is positively embraced and develops the connections necessary to thrive in the college community and in life following graduation.



### Director of the SASC

**Dr. Jerrid P. Freeman** is the Director of the Student Academic Success Center. He completed his bachelor's in Secondary mathematics, physics, and coaching from the University of Nebraska at Kearney, his masters at Bowling Green State University in College Student Personnel and his Doctorate at North Carolina State University. His passion lies in positively impacting the staff and students he interacts with and helping them reach their full potential and life goals.



### Coordinator of Learning Assistance Programs

**Kristal Soderstrom** joined the Student Academic Success Center in June of 2012. Kristal is married with two step-children and three animals. She is originally from Texas, but spent most of her childhood in Bartlesville. She began her experience at NSU as a nontraditional student while completing her bachelor's degree in General Studies and master's degree in English Literature. She has been at NSU for over four years, either as a student, staff, or adjunct faculty. While Kristal enjoys teaching, her true joy is making a difference for students.



### Coordinator of Career Counseling Services

Lauren Barela joined the Student Academic Success Center at Northeastern State University in May 2012. She moved here from Texas where she received her bachelor's degree in Family and Consumer Science majoring in Fashion Merchandising with a minor in Business Administration from Texas State University in San Marcos, Texas. Lauren spent 5 years in the hospitality industry before her move to higher education. She worked for an independent resort where she started as an event coordinator. She then joined Marriott as a sales manager and was promoted to Director of Sales and Marketing. Lauren is married to NSU football coach, Mike Barela and they live in Tahlequah, Okla.



### Coordinator of Academic Consultation

Olaf Standley joined the Student Academic Success Center at Northeastern State University in June 2012 and is a graduate of Northeastern State University. He is originally from Amarillo, Texas, but spent the majority of his life in Tulsa. He began his college career as a nontraditional student at Tulsa Community College, and received both his bachelors and masters in English from NSU. Olaf was the student body president of the NSU-Broken Arrow campus during his undergrad and the President of the Graduate Student Association of the College of Liberal Arts during his graduate work. He is a guitarist and proud uncle.

## SASC BIO

Northeastern State University approved a grant for the new Student Academic Success Center on October 1, 2011. The purpose of the SASC is to provide for initial and continuing multimodal contact with NSU's students in order to increase retention and graduation rates. The Center will also

serve as an information, referral and follow-up hub for all other academic and co-curricular service operations. The SASC became available to all NSU students at beginning of Fall 2012 semester and will remain accessible throughout their tenure at Northeastern State University.

# Academic CALENDAR

## Spring:

**April 12** Last day to drop a 16 week class with a “W”

**May 3** Last day to drop a 16 week class

**May 6-10** Finals week

**May 10-11** Commencement at NSU, Tahlequah

**May 13** Commencement at NSU, Broken Arrow

## Summer:

**June 3** Summer 8 week semester begins

**June 10** Last day to drop an 8 week class and receive a refund

**July 3** Last day to drop an 8 week class with a W

**July 4** Independence Day Holiday

**July 24** Last day to drop an 8 week class

**July 25** Summer 8 week semester ends

## Fall:

**August 19** Fall 16 week classes begin

**August 30** Last day to drop a 16 week class and receive a refund

**September 2** Labor Day Holiday

**October 17-18** Fall Break

**November 13** Last day to drop a 16 week class with a W

**November 27-29** Thanksgiving Break

**December 6** Last day to drop a 16 week class

**December 9-13** Finals week

**December 13-14** Commencement at NSU, Tahlequah

# Career SERVICES

Lauren Barela: Coordinator of Career Counseling Services

Here at the Student Academic Success Center, all of the coordinators have the opportunity to help students decide on the career path they would like to pursue after graduation. To help with this, we use a program called FOCUS 2 Assessment.

FOCUS 2 has been continually used by the Career Services department and is very helpful for students who are trying to figure out what they should major in and what Careers pair with certain majors. The FOCUS 2 Assessment is an online, interactive, self-guided career, and education planning system designed to help students make decisions about their future career goals and educa-

tion plans. FOCUS 2 will guide students through career planning readiness, work interests, values, skills, personality type, and leisure time interests. It will broaden their career options and help them discover occupations matching their personal preferences and attributes. They can also decide which career fields, majors and training programs are best and plan their career and educational pathway that will support their personal needs and goals.

At the SASC, we also guide students according to a Career Path Plan. This is a four year plan designed to direct students through awareness and assessment their freshman year, explore and narrow

their sophomore year, network and confirm in their junior year, and plan and job search in their senior year. This plan will guide them to complete their career goals.

A few other career readiness resources we offer are connecting students with campus organizations, resume and cover letter building, interviewing skills, portfolio assembly, and resources when applying for jobs and internships.

The Student Academic Success Center staff strives to guide and advise students with their education goals in mind, along with preparing students for their career after graduation.



COME  
GET  
YOUR  
SWAG

# Academic CONSULTATION

Olaf Stadley: Coordinator of Academic Consultation

## Additional Tutoring now available to NSU students

As a part of the new NSU Advising Model, the Student Academic Success Center will partner with FYE to make up the University Advising Center (UAC). The Student Academic Success Center will become a part of the University Advising Center, which is the new name for First Year Experience. The process has begun for making the official name change of FYE to the UAC on all letterhead, business cards, web-sites and etc. The implementation of the new advising model has multiple changes that include the name change, the partnering of the SASC with the University Advising Center, staffing additions, and an eventual new location of the University Advising Center.

The SASC staff will continue to work with students as they have for the past semester, but they will all be University Advisors. Combined with the five university advisors (currently in the FYE office), the SASC staff will bring the number of university advisors in the UAC to nine. For now, you will still find the SASC staff in the first floor of the library and they will continue to assist you in the ways they always have.

NSU-Tahlequah, NSU-BA, and NSU Muskogee students will see a new and improved advising model when the Fall 2013 term begins in August. The new model and the ten additional advisors will allow us to take a team approach to guiding you through your academic journey. The three advisor types; University Advisor, Academic Advisor and

Faculty Advisor will each play a specific role in the program. The University Advisor, 15 total, (five in FYE, four in SASC, four in Broken Arrow, and two in Muskogee) will work with new freshmen and undeclared students. They will provide many services designed to get you connected to campus services and guide you through your general education requirements. After you have declared your major, the Academic Advisor (twelve total, three per academic college, two in Tahlequah and one in Broken Arrow) will provide guidance. This is the newest and most exciting edition to the model. Academic Advisors will have periodic required appointments with students to ensure you are making progress toward your degree. These changes allow students with questions on classes and their academic journey to find assistance any day of the week at the University Advising Center and the College Advising Centers. The final members of the team are Faculty Advisors. They will now focus on connecting you with your anticipated career, program specific classes, and/or admission to a graduate program. The University and Academic Advisors will be focused on all University requirements, Degree Audits, and the students' academic needs at Northeastern State University.

Keep an eye out for the many exciting changes related to academic advisement. If you have questions about the new advisement model or any of our services, please contact Jeff Walker ([walker@nsuok.edu](mailto:walker@nsuok.edu)) or Dr. Jerrid Freeman ([freema22@nsuok.edu](mailto:freema22@nsuok.edu)).

## NSU TUTORING SERVICES

Northeastern State University offers the following services:

- Writing And Reading Tutoring (Tahlequah & BA)
- Peer-Assisted Study Sessions (Pass)
- Math Tutoring
- Communication Tutoring
- Science & Health Professions Tutoring
- Library Tutoring

For More Information On All Of These Services, visit [www.nsuok.edu/success](http://www.nsuok.edu/success)



Online Tutoring: Anywhere, Anytime

Math, Bilingual Math, Introductory Anatomy & Physiology, Biology Organic Chemistry, Physics, Economics, Finance, Accounting, Statistics, Spanish, Writing and More.

Follow These Steps To Get Started:

1. Login To Blackboard And Click On Any Course For Which You Are Enrolled.
2. Click On The "Tools" Tab.
3. Click On The Smarthinking Tab (Make Sure Cookies/Javascript Are Enabled & Disable Pop-Up Blockers).

## Learning Assistance & TUTORING

Kristal Soderstrom:  
Coordinator of Learning Assistance Programs

## Additional Tutoring now available to NSU students

The Student Academic Success Center has increased the list of tutoring services available at NSU to include a Math Center on the Broken Arrow campus and Psychology Statistics on the Tahlequah campus. Visit our website at [nsuok.edu/success](http://nsuok.edu/success) for the complete list of days, times, and locations.

# SASC Zoo TRIP

Several students, Dr. Craig Clifford, and Dr. Erik Terdal recently joined the SASC for an educational and career focused trip to the Tulsa Zoo. Watch the SASC Facebook page for upcoming events where you could also join us.



# Outreach, Referral & FOLLOW-UP

LaWanna Summers; Coordinator of Outreach, Referral, and Follow-Up

MAP-Works is most certainly 'Making Achievement Possible' here on the campus of Northeastern State University. The fall semester proved that the surveys are helpful with almost a 100% response rate from the freshman respondents.

This semester there are extra incentives for participating in the survey. University Strategy students from fall 2011 and fall 2012 that take the survey were entered into a drawing for one of two \$125 tuition waivers both times that they take the survey this semester. They could also possibly win a \$1,500 scholarship by writing an essay about their experiences with the MAP-Works surveys. Any student that interested in receiving this money can check out the SASC website for more information.

MAP-Works will be used more and more as advising begins to change and this is very exciting because we can begin to be even more proactive rather than reactive when it comes to the issues that students might be facing. Some of the most exciting news quite possibly is that the SASC's Referral Guide that was created for Power Users in MAP-Works has been recognized by the MAP-Works Corporate office and will be available for usage and viewing to all MAP-Works users across the country. There are many more great uses of MAP-Works that will occur in the near future, but you will have to just keep your eye out to see.



[student.map-works.com](http://student.map-works.com)



## What is Map-Works

Map-Works is your customized resource guide for NSU success.

## What Do I Get Out Of It?

Your completed MAP-Works survey will provide you with an extensive, personalized report highlighting:

- » How you meet your expectations
- » What your peers are thinking
- » In which areas you are strong or weak
- » How to be more successful in college

## How Do I Get Started?

If you're a freshmen or sophomore who has taken university strategies between fall 2011 and now, remember to check your email for the MAP-Works survey.

## Questions?

Drop by the Student Academic Success Center to discuss your survey report any time. We're here to help

[nsuok.edu/success](http://nsuok.edu/success)

918-444-3651

John Vaughn Library Lobby

# TIP of the QUARTER



*"Once your purpose is found and you begin making decisions that fill your life with meaning, how do you sustain that sense of meaning? The truth is that there are more obstacles to maintaining meaning than there are facilitators. Many of the experiences we have each day pull our focus from our larger purpose." Dr. Jerrod Freeman*

The key to sustaining your sense of meaning is to keep your focus on your goals and the steps toward achieving those goals. Focus on your classes and school work, above all else, if that goal is a Bachelor's or other degree. Consider using a planner to help you keep on track towards this goal in your day to day life. Allocate time in your day or week for family, friends, and the college experience, while keeping focused on school.

# Student Academic SUCCESS CENTER



Connects you with the tools,  
knowledge and assistance you  
need to succeed at NSU

## LEARNING ASSISTANCE/TUTORING

### COMMUNICATIONS (SPEECH) LAB

Journalism Building, on the south stairwell by the main hallway.

*\*The Journalism Building is not ADA compliant*

**Mon, Tues, Wed, Fri** 9 a.m. - 5 p.m.

**Thurs** 9 a.m. - 4 p.m.

The tutors are available by appointment only.

### MATH TUTORING LAB

Science Building, room 264

**Mon, Wed, Fri** 9 a.m. - 5 p.m.

**Tues, Thurs** 9 a.m. - 8:30 p.m.

### SMARTHINKING/ ONLINE TUTORING

SmartThinking is an online program through NSU that offers tutoring assistance for a variety of subjects and can be accessed through Blackboard.

### WRITING CENTER

Seminary Hall, room 135

**Mon - Thurs** 9 a.m. - 3 p.m.

**Fri** 9 a.m. - 12 p.m.

### WRITING CENTER - BROKEN ARROW

BALB, room 226

Walk-ins welcome, but appointments are encouraged.

### LIBRARY TUTORING

MATH

LIB 211

**Mon, Thurs** 6 - 9 p.m.

**Sun** 5 - 9 p.m.

WRITING

*\* Ask at the library desk 1st floor, for this tutor*

**Mon** 3 - 5 p.m.

**Tues** 5 - 8 p.m.

**Thurs** 5 - 9 p.m.

### BIOLOGY TUTORING

SC 163

**Mon, Tue, Wed** 5 - 7 p.m.

### CHEMISTRY TUTORING

SC 156

**Mon, Wed** 8 a.m. - 11 a.m.

**Tues** 9 - 10 a.m. & 12:30 - 3:30 p.m.

**Fri** 9 - 10 a.m.

### PASS

CHEM 1123

**Sun** 2 - 3 p.m. SC 157

**Sun** 7 - 8 p.m. SC 161

**Tues** 3 - 4 p.m. SC LL 61

**Wed** 2 - 3 p.m. SC 157

**Thurs** 1 - 2 p.m. SC LL 61

**Thurs** 5 - 6 p.m. SC 161

BIOL 1123

**Tues** 5 - 7 p.m. SC LL 65

**Wed** 4 - 5 p.m. SC LL 65

**Thurs** 3 - 4 p.m. SC LL 65

CHEM 1223

**Sun** 1 - 3 p.m. SC 161

SCI 1113

**Mon** 5 - 6 p.m. SC LL 60

**Tues** 4 - 5 p.m. SC LL 62

**Thurs** 2 - 3 p.m. SC LL 62

**Fri** 2 - 3 p.m. SC LL 60

### GENERAL PHYSICAL SCIENCE/PHYSICS

SC 157

**Mon** 9 - 10 a.m. & 5 - 7 p.m.