

NOVEMBER

CRIS FROM THE BASEMENT NEWSLETTER STUDENT SPOTLIGHT



My name is Aman Noor Ali, I am 20 years old, and I'm currently a junior at N.S.U. I'm majoring in Entrepreneurship with a minor in Management. I was born in Pakistan but moved to the United States with my family when I was twelve years old. A few hobbies of mine are: painting, (especially painting starry nights), working out, spending time with my family, and giving my brothers a hard time. After I graduate from N.S.U, I want to start my own business so that I can be my own boss. I plan on getting my cosmetology license, and opening up my own makeup business.

MYSTERY INVESTIGATION TRIP

Throughout the evening students were introduced to different animals, were taught how to Zoologists investigate animal trafficking, and learned all about the scientific differences between animal species.



Dinner at Olive Garden



Examining animal fecal samples.



Viewing parasites under the microscope!

AT THE TULSA ZOO



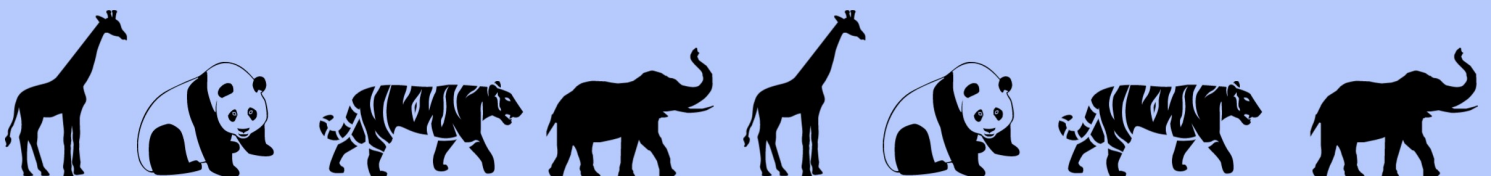
Students enjoyed smores under the stars!



Students got a chance to feel real alligator skin.



Examining evidence they collected around the zoo.



Etiquette Dinner Group Picture



Front: Makiya Deerinwater, Iman Ali, Jenni McClanahan, & Justice Goad
Back: Coreal Thibeaux, Letitia Fletcher, Caitlin McLemore, & Jessica Bird

SSS students attend Fall 2021 Etiquette Dinner hosted by Career Services. These students learned proper etiquette when dining.

EVENTS CALENDAR

POUR PAINT WORKSHOP

NOVEMBER 3RD

STRESS MANAGEMENT WORKSHOP

NOV 17TH-18TH

THANKSGIVING BREAK

NOVEMBER 24TH-28TH

NUTCRACKER BALLET

DECEMBER 11TH

FINALS WEEK

DECEMBER 13TH-17TH

HAPPY BIRTHDAY!

TEIYA CARBAJAL

ZAINE DYER

ADRIANA ESQUIBEL

VERONICA JOHNSON

MADYSON LOUDERMILK

KEVEN NAVA HINOJOSA

ELIDE SIERRA

DELANEY SLOAN

SHEA STOWERS

BREANNA THOMPSON

XANDER QUIROGA

TRIO STAFF

LENA

HANNAH

ALANA



Microwave Baked Potato



Ingredients:

one medium sized potato

Directions

1. Wash the outer skin of the potato.
2. Prick around the potato a few times with the tines of a fork.
3. Wet a paper towel and wrap it around the potato.
4. Place on microwave safe plate.
5. Microwave for two minutes on one side and then two minutes on the other side. Alternate cooking on each side until the potato is soft.
6. Add desired toppings. Ex. butter, sour cream, cheese, salt & pepper.



Help Slow the Spread of COVID-19



There is a lot that we as individuals can do to help slow the spread of the COVID-19 variants.

- Wash your hands often
- Avoid close contact with others
- Avoid touching your eyes, nose, and mouth
- Cover your cough or sneezes
- Stay home if you are running a fever or feel sick
- Maintain a social distance of six feet where feasible
- Get tested if you come into contact with a positive case

Together we can keep each other safe! Thank you for doing your part!



Dear SSS participants,

Do not forget to bring your binders back in for us to go over with you! This information is designed to help our students. Below are the dates that each student classification need to come in and see us! Remember, you do not need to come in every day during that week, only one day is all we need to meet with you.

FRESHMEN

WEEK OF:

September 13th

October 4th

October 25th

November 15th

December 6th

SOPHOMORE

WEEK OF:

September 6th

September 27th

October 11th

October 25th

November 15th

December 6th

JUNIOR

WEEK OF:

September 20th

October 25th

November 15th

December 6th

SENIOR

WEEK OF:

September 20th

October 25th

November 15th

December 6th