

# September

Cries From The Basement  
2021 Newsletter

## SSS STUDENT SPOTLIGHT

### Ashley Gonzalez

"The effort of today determines the success of tomorrow."

I grew up in Miami, OK, and graduated from Miami High School in 2018. I attended Northeastern Oklahoma A&M College and graduated with an Associates in Business Administration in May 2020.

I am currently a senior in the Bachelors of Social Work program here at Northeastern State University. Hobbies of mine are hanging out with friends, spending time with my massive Mexican family, and traveling. Once I graduate in May, I will go into graduate school, where I will obtain my Master's in Social Work.



# NSU Students, & Staff working on a puzzle during Gathertation at 2<sup>nd</sup> Century Square on the NSU Tahlequah Campus on August 31<sup>st</sup> 2021!



Students had a lot of fun figuring out this puzzle!



Look at that concentration!



Dr. Freeman crushed this puzzle!





# FAFSA Opens October 1st

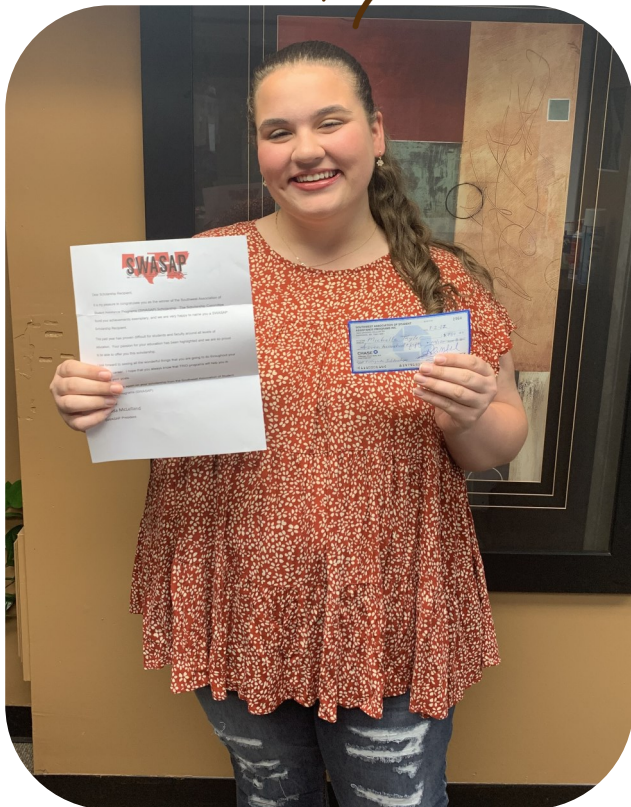
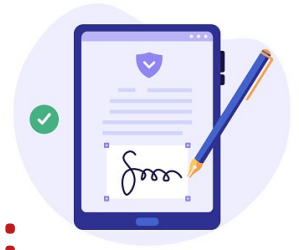
**NSU Federal School Code: 003161**

## Federal Deadline to Submit:

Applications must be submitted by 11:59 PM  
on June 30, 2022

## State Deadline to Submit:

Students need to submit applications as  
soon as possible after October 1st, 2021.  
Awards are made until funds are



Pictured is Michelle Taylor, a TRIO SSS participant who was awarded the SWASAP collegiate Scholarship. S.W.A.S.A.P. stands for Southwest Association of Student Assistance Programs. Congratulations Michelle, we at TRIO SSS are so proud of your accomplishments.

A decorative header featuring a cluster of autumn leaves in shades of yellow, orange, and red. A small pink flamingo is perched on a branch on the right side.

# **DATES TO REMEMBER**

**STUDENT SUCCESS WORKSHOP**

**SEPT 21ST-22ND**

**FAFSA NIGHT**

**OCTOBER 5TH**

**TULSA ZOO CULTURAL TRIP**

**OCTOBER 15TH**

**EXAM PREP WORKSHOP**

**OCTOBER 19TH-20TH**

**FALL BREAK**

**OCTOBER 21ST-22ND**

**MAKE AND TAKE WORKSHOP**

**NOVEMBER TBA**

**STRESS MANAGEMENT WORKSHOP**

**NOV 17TH-18TH**

**THANKSGIVING BREAK**

**NOVEMBER 24TH-28TH**

**FINALS WEEK**

**DECEMBER 13TH-17TH**



# *Happy Birthday September!*

Sara Bonniger

Lanie Eller

Makayla Farrington

Ashley Gantt

Caroline Harkins

Trinity Holt

Caitlin McLemore

Alexis Pavey

Mattison Siler

Humberto Soto

Terrah Wells

Cody Willis

**FROM YOUR SSS STAFF,**

*Lena Deere, Hannah Foreman,  
& Alana Gardenhire*



# DIPPED PEANUT BUTTER SANDWICH CRACKERS

## INGREDIENTS

1/2 CUP CREAMY PEANUT BUTTER  
30 ROUND BUTTER FLAVORED CRACKERS  
1 CUP MILK CHOCOLATE CHIPS  
1 TABLESPOON SHORTENING

## DIRECTIONS

- 1 SPREAD PEANUT BUTTER ON HALF OF THE CRACKERS; TOP WITH REMAINING CRACKERS TO MAKE SANDWICHES. REFRIGERATE UNTIL FIRM.
- 2 MELT CHOCOLATE CHIPS AND SHORTENING IN MICROWAVE, STIRRING EVERY 15 SECONDS. STIR UNTIL SMOOTH.
- 3 DIP SANDWICHES IN CHOCOLATE MIXTURE; ALLOW EXCESS TO DRIP OFF AND PLACE ON WAX PAPER. LET SIT UNTIL CHOCOLATE HARDENS.





# Help Slow the Spread of COVID-19



There is a lot that we as individuals can do to help slow the spread of the COVID-19 variants.

- Wash your hands often
- Avoid close contact with others
- Avoid touching your eyes, nose, and mouth
- Cover your cough or sneezes
- Stay home if you are running a fever or feel sick
- Maintain a social distance of six feet where feasible
- Get tested if you come into contact with a positive case

Together we can keep each other safe! Thank you for doing your part!



**Dear SSS participants,**

Do not forget to bring your binders back in for us to go over with you! This information is very important, and to help you, below are the dates that each student classification need to come in and see us! Remember, you do not need to come in every day during that week, only one day is all we need to meet with you.

## **FRESHMEN**

### **WEEK OF:**

September 13th

October 4th

October 25th

November 15th

December 6th

## **SOPHOMORE**

### **WEEK OF:**

September 6th

September 27th

October 11th

October 25th

November 15th

December 6th

## **JUNIOR**

### **WEEK OF:**

September 20th

October 25th

November 15th

December 6th

## **SENIOR**

### **WEEK OF:**

September 20th

October 25th

November 15th

December 6th