



Term: Fall | Issue: September | Year: 2022

SEPTEMBER STUDENT SPOTLIGHT



Kallie Miller

My name is Kallie Miller and I'm a freshman here at NSU. My hometown is Muskogee but I moved to Tahlequah so I could pursue a college degree in either Early Childhood Education or Social Work. I haven't chosen my major yet, but whichever major I end up choosing I plan on using to help shape and change children's lives in a positive way. I'm passionate about working with kids because I truly believe they are capable of anything and that they have the power to change the world if they are given the opportunity and instilled with that belief in themselves.

DATES TO REMEMBER

- ★ SEPTEMBER 20TH & 21ST - TRIO SSS OFFICE CLOSED
- ★ OCTOBER 3RD - FAFSA NIGHT
- ★ OCTOBER 13TH & 14TH - FALL BREAK - CAMPUS CLOSED
- ★ OCTOBER 18TH & 19TH - WORKSHOP WITH ALANA
- ★ OCTOBER 21ST - TRAIN CULTURAL TRIP THROUGH THE BOSTON MOUNTAINS
- ★ NOVEMBER 8TH - PAINTING WORKSHOP WITH LENA
- ★ NOVEMBER 13TH - 16TH - TRIO SSS OFFICE CLOSED - STAFF AT CONFERENCE
- ★ NOVEMBER 23RD - 25TH - THANKSGIVING BREAK - CAMPUS CLOSED
- ★ DECEMBER 5TH - 9TH - FINALS WEEK
- ★ DECEMBER 10TH - FALL COMMENCEMENT
- ★ DECEMBER 14TH - FACULTY GRADES DUE
- ★ DECEMBER 12TH - JANUARY 6TH - CHRISTMAS BREAK - CAMPUS CLOSED
- ★ JANUARY 9TH - SPRING SEMESTER BEGINS

★ FAFSA TIME ★

You have to renew your FAFSA every year that you are in school. FAFSA officially opens on October 1st, 2022 for the 2023/2024 school year. TRIO SSS will hold a FAFSA night on Monday, October 3rd from 5-7 PM. We will have a financial aid counselor here to help you get your FAFSA filled out correctly and submitted.



September Birthdays

Hannan Ali
Sara Bonniger
Jacqueline Caldwell
Jurnee Catron
David Cox
Lanie Eller
Makayla Farrington
Ashley Gantt
McKayla Henson
Caroline Harkins
Trinity Holt
Caitlin McLemore
Terrah Wells

Happy Birthday
from your SSS Staff *
Lena Jade Alana



Easy Turkey Wrap Recipe



Ingredients

Mayo
Baby spinach
Sliced turkey meat
Matchstick carrots
Tortillas shells

Directions

1. Place one tortilla shell on a piece of parchment paper.
2. Spoon one spoon of mayo on to tortilla shell and spread out.
3. Add 2-3 slices of turkey meat.
4. Add baby spinach leaves and carrots to the tortilla shell.
5. Wrap in sides of tortilla shell and then roll.

