

UPWARD & ONWARD

NORTHEASTERN STATE UNIVERSITY UPWARD BOUND NEWSLETTER

Important Follow-Ups

Class of
2021

Tell Us Where You Are!

Complete this survey.

<https://forms.gle/sHWa4Snh1haj4URs8>



Tell Us How to Reach You!

Complete this form.

<https://forms.gle/R3RqaGThsrWSMtZk9>



Tell Us How We Did!

Your opinion and feedback matters!

Complete the Annual Evaluation.

<https://forms.gle/VyJN23bdtmBnB7NS8>



SATURDAY SESSIONS

October 16, 2021

November 13, 2021*

December 11, 2021

January 22, 2022

February 26, 2022

March 26, 2022

April 23, 2022

*Virtual Session

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Parent's Page

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Important things you **NEED** to know!

Check Before You Pay!



Fees required for students to go to college add up fast! These fees are application fees, test fees, dorm deposits, etc. Upward Bound is here to help reduce those costs. Before you pay anything, please ask us first.

- In most cases, we can get the fees waived.
- In some cases, the fees are scams.

Important Dates for Seniors

October 1 - FAFSA Opens

October 8 - Registration deadline for the November SAT

November 1 - Priority deadline for some colleges

November 4 - Registration deadline for the December SAT

November 5 - Registration deadline for December ACT

November 6 - SAT Test

December 1 - Priority deadline for some colleges

December 4 - SAT Test

December 11 - ACT Test

FAFSA

Free Application for Federal Student Aid

The FAFSA is an application for financial aid that college students have to fill out **annually** beginning in their senior year of high school.

SATURDAY SESSIONS

Page 1 has all the dates for Saturday Sessions. The November session will be virtual. We are planning for all other Saturdays to be in person or a hybrid.

TRANSPORTATION

You may have noticed we used the old NSU mini-buses this summer. It is because a new addendum stating we cannot transport minors was added to the university vans leased from Enterprise. This is going to impact our ability to transport students until an alternative is found. We may be required to utilize other public transportation if you are unable to provide transportation and we cannot get this resolved.

POWER HOURS

We are continuing a new process we started in the spring. We will be available in the evenings and possibly weekends for live help with your students regarding homework, college and scholarship applications, course advising, academic planning as well as many other things. Please encourage your student(s) to connect with us!

RECRUITMENT

We are accepting applications for new participants who are 9th or 10th graders. They must be attending Central, McLain, Hale, or Webster high schools to apply. Email upwardbound@nsuok.edu if interested.

Career Corner

Titus D Massey

B.S. - Psychology

A.A. - Social Work

Were you a first-generation college student? **Yes**

What is your job title? **Head Cheerleading Coach/ Head Power Tumbling Coach**

Where do you work? **Rogers State University/ Elite Xtreme**



Walk me through a day in the life of your career. **I coach athletes from very young ages to adults in college. At Elite, I coach the competitive tumbling team ages 4-14 and at RSU I run the competitive cheer team. I start my day off with early morning practice at the college and finish it off teaching skills with the tumblers.**

If you were to go back, would you pursue a different degree for this career? **I originally wanted to pursue a career in social work. Then I fell in love with learning how the brain works and how people operate. However, I enjoy working in athletics so maybe something more close to sports management or physical therapy.**

What is the most surprising thing about your career that you never expected? **I can actually use a lot of what I've learned in school in my day-to-day work activities. I believe it has made me a better listener and allows me to connect with my athletes and help them grow through the process. Often in sports, we are only focused on the end result, win win win, when often the process of getting an athlete ready to perform is neglected. Because of my degrees, I would like to think, they have made me an approachable coach, allowing for overall better communication.**

What is your least favorite thing about your career? **Well, it doesn't pay that great.**

What is the best thing about your career? **Seeing athletes develop new skills and overcoming very real fears is always amazing. I'm asking them to throw themselves or others into the air!**

What advice would you give to someone pursuing a career in your field? **Keep learning. Both sports of competitive tumbling and cheer are always changing. You have to learn to change with them.**

Do you offer job shadowing opportunities? **Maybe**

Share your favorite memory of college and/or your job. **I have a ton. but for Elite I think overall watching kids that I've had since they were 4 growing into these amazing little athletes every season stepping it up has been so great. And for my college team, they placed 7th last year at nationals. Not the greatest placement by any means. But to understand how much the team had to deal with and all of the struggles, they really pushed themselves and made me proud. We won a bid to this year's nationals this summer beating out all the other teams at camp and it was an amazing feeling to kick off the year on such a good note.**

College Highlight



OSU Institute Of Technology

Students enrolled: 2,309

Undergraduate Tuition: \$4,574 – Out-of-State Tuition \$11,384

Entrance Level Difficulty: Minimally difficult (1,000 applications received, 1,000 applicants offered admission)

Application 411: Test scores are due by September 1st.

Academic Criteria Highlights: Secondary school records, Class rank, and Act scores

Top or Unique Majors Offered: Applied Science, Science, Technology

Something Interesting: OSUIT offers 38 degree programs that are consistent with emerging market trends and prepare students to fill a continued demand for highly qualified industry professionals. Located in Okmulgee, Oklahoma, OSUIT partners with global corporations to develop academic coursework and practical training environments using industry-caliber equipment to create a seamless classroom to career transition.

Unique Degree Programs:

- Culinary Arts
- 3D Modeling & Animation
- Graphic Design
- Air Conditioning & Refrigeration Technology
- Civil Engineering/Surveying Technologies
- Construction Technology - Construction Management
- Engineering Graphics & Design Drafting Technologies
- Engineering Technologies
 - Electrical/Electronics Technologies
 - Instrumentation Technology
- High Voltage Line Technician
- Industrial Maintenance Technologies - Natural Gas Compression Technologies
- Pipeline Integrity Technology
- Power Plant Technology
- Information Technologies
 - Cyber Security & Digital Forensics
 - Network Infrastructure
 - Software Development



NORTHEASTERN
STATE UNIVERSITY



TRIO DAY 2021

Thursday, Oct. 28

8:30 a.m. - 2:30 p.m. **OR** 9 a.m. - 3 p.m.

Tahlequah Campus - University Center

TRIO day will include:

Campus tours

Meeting with current students

Learning about scholarships

Exploring NSU majors & degrees

Free lunch & t-shirt!

We are excited to invite you to an on-campus event and cannot wait to see you in person!

<https://forms.gle/pJCanE5sW4a7NYWE8>

NORTHEASTERN STATE UNIVERSITY

Admissions & Recruitment

701 N. Grand Ave. | Tahlequah, OK 74464

918.444.4675

Upward Bound Press

NSU- Summer Session '21

Edited by: Nicole M. Quesada, Instructor

The writing featured in this newsletter is a sample of the hard work from students in Journalism and Inferencing and Beyond in the Upward Bound- NSU summer 2021 session.

Journalism

The first set of writing samples is from our Journalism class, which had the opportunity to write product reviews and reviews of media that students felt strongly about.

Bizarre Snacks Review

By Drayonna M. Stewart

Trying snacks that claim to taste like other foods can either be a wonder-like experience

or the absolute worst experience your taste buds have ever had. Tasting and reviewing Clancy's Drizzle-Covered Birthday cake popcorn sounded like rainbows and unicorns, or so it seemed. Immediately eating it, an overload of heaviness and sweetness rushed throughout the palate giving an instant reaction of astonishment. As expected, the popcorn had an utmost identical taste to that of an actual birthday cake. The popcorn was of course crunchy and slightly hard considering each kernel had a small portion of circular colored sprinkles topped on. One disappointment though, is that the aftertaste of chemicals created a burning sensation similar to what you get at the back of your throat from eating too much chocolate sweets.

Clancy's Cuban Sandwich flavored chips have a surprising taste. The first taste is much like pickles, but of course, it was purposely flavored to taste like Cuban sandwiches. Nothing could really follow through with the taste except the lingering taste of vinegar from the overloaded taste of pickles. The chips shared similarities to Mazziio's sandwiches smell and taste.

Paying close attention to what you're tasting is especially important before you decide your input, As trying it again could change your opinion on it. Maybe second opinions can change your perspective of wonder or not.

BEE Movie Review

By Rachel Doyle-Thomas

Some might say Bee movie is a particularly egregious example of a children's movie while others feel as if its dry delivery makes a certain adult sensibility, but even a horde of celebrity cameos can't get the story off the ground. Some people may find it too wordy and fast for kids and too simple for adults and leaves everyone peeved at the end of the day.

But the point of it all is a Honey bee who sues the human race for 'Exploiting Bees' after learning from his florist friend Vanessa Bloome that humans sell and consume honey.

This movie does not have good educational value, as dead flowers don't just rise up when pollinated, Bees have more than two eyes.

Overall Bee Movie has a great premise, but is poorly executed, there are a lot of innuendos. Drag queens are mentioned and Bees talk of how a Cricket's "legs kept me up all night" and a lawyer questions the main Bee characters (Barry B. Benson) as to whether he is the human female's "Bed Bug". The same lady is seen living with an egotistical jerk.

While the movie does start off whimsical, it quickly deteriorates into an disappointing and inappropriate plot. It is overcast by a suggestive theme of a Bee falling in love with a human while her boyfriend gets

jealous. Who wouldn't be if their companion is getting close to an animal especially a Honey Bee which only lives up to 14 to 28 days?

With corny jokes, innuendos throughout the movie and misinformation being taught to young audiences we can learn that even films made for children can be misleading and uninformative when it comes to educational purposes.

Bee-tween us I think we can all agree that this movie is un-BEE-lievably bad.

PC Gaming

By Angel Sanchez

PC gaming is the best gaming option because you can upgrade it with new parts. Also, if you buy a gaming PC you'll get some good exclusives too.

You can UPGRADE your gaming PC accessories like your mouse, headset, mousepad, etc.

On special holidays you'll get some really awesome deals on a whole bunch of games.

There are a bunch of gaming companies like Corsair, Razer, Acer, HP, Hyper X, Turtle Beach, etc. They create some of the best gaming accessories for your gaming PC needs. Even Razer, Acer, also create some of the best gaming laptops.

So if you don't want to have a gaming PC, if you want it portable just buy a gaming laptop. It's way cheaper, it's lighter to carry but a gaming PC is way stronger. Also they

make really good PC cases so you could build your reliable gaming PC. If you have enough money you could probably afford one or both of these things so you could have fun and be really competitive but to most people like streamers, gamers, Youtubers, etc.

I'm Sorry Song Review

By Lillie Gray

The song "Im sorry" released in 2016 by Joyner Lucas has a really strong message about suicide awareness. In the song Joyner Lucas expresses two different sides of a story about a man killing himself and leaving his brother behind. The first half of the song is the first brother expressing how hopeless he feels and apologizing to everyone for not being able to handle the pain. Then you hear a gunshot and the narrative changes. The second half of the song is the other brother expressing his anger and guilt about the situation as he questions why and what he could have done differently to help prevent the loss of his brother. Some people may listen to the song and think it's triggering for those who struggle with suicidal tendencies. Others may suggest the song shines light on the situation. This song brings awareness to suicide and helps understand the victim's point of view as well as the pain of family left behind.

Anime

By Jared Marrs

Everyone should like anime. It is fun to watch and the story is always amazing. Not only that, but there are so many different anime to pick from. People should watch Dragon Ball Z. The fights are amazing. The main character is based off of a Chinese god that was born from a stone on a hill. Goku wants to be the strongest no matter what, he has a wife and kids to protect. The longest fight in the show was 19 episodes. It is also where people meet the best villain in the entire show, Friza. The show is amazing all around. This is just one of the thousands of reasons why you should love anime.

CIX Numb

By Drayonna M. Stewart

Nowadays it's uncommon to find meaningful songs within any media, especially topics so sensitive.

In South Korea, suicide rates are far beyond. One of many causes is the pressurized education on adolescence within the government. According to went.wes.org, although South Korea's education system has a "top - performing" reputation among Asia and worldwide, students are put into stressful, brutal, upbeat competitive competitions against one another to be the number one ranked in school as to factoring broader chances of acceptance from Universities. The problem with the school system being so fierce, the strict burdens of perfectionism being held accountable by the

youth are affecting their mental health, causing impact on themselves which then could lead to seriousness like depression and self harm or suicide.

On November 19 of 2019, rookie KPOP boy group [CIX](#) made a comeback with title track song “[Numb](#)” following with their second mini - album (EP) ‘Hello Chapter 2: Hello Strange Place’ just only a few months after debut with Korean - Japanese EP ‘Hello Chapter 1: Hello, stranger’ and title track “movie star.”

The meaning behind “Numb” correlates to the exact situation in South Korea’s education system along with addressing other importance such as bullying and obedience. The song lyric “I’m going numb” also refers to the feeling of exhaustion and “numbness” that the children are having when their dreams are lost (stated by [wikipedia.org](#)).

To better understand, CIX had also released multiple short films showing a perspective story line tying to the abstraction of ‘Hello Chapter 2: Hello Strange Place’ while also connecting each individual’s, who are played by all five CIX members, story together and even visual representation in “Numb” music video. In the short films, the characters are played with different roles in the story as well as each being set apart into an episode: ([Ep. 01](#)) [Butterfly Effect](#) ; ([Ep. 02](#)) [Bystander](#) ; ([Ep. 03](#)) [Self Slaughter](#) ; ([Ep. 04](#)) [Abrupt Absence](#) ; ([Ep. 05](#)) [Broken Family](#) ; [Epilogue 01](#) - [Epilogue 02](#) - [Epilogue 03](#) - [Epilogue 04](#) & [Epilogue 05](#).

Mentioned by [Soompi](#), CIX member Kim Yonghee, “This song is about the various problems that our generation is facing. It is meant to give hope and tell people not to give up.” is believed that it did just that. The awareness and message behind the comeback was extremely breathtaking and comforting especially with the beautiful visuals from the short film and music video. Euphoria was filled knowing that such an intense topic was metaphorically spoken, especially in such an illiberal government where not much acknowledgment is given or received and mostly ignored.

Inferencing and Beyond

The second set of writing samples is from students in *Inferencing and Beyond*. Included here are some of their responses to the works *Season’s Greetings* (2018) by the artist Banksy, and the micro-fiction story *Sticks* by George Saunders.

Season’s Greeting Response By Antonio Thomas

In Banky’s *Season’s Greetings* (2018) the world is not what it seems. In the painting, the little boy is playing in the snow, but doesn’t notice the trash is on fire. If you look closer into it you can see the snow looks like the smoke. The cloud of snow around the little boy might not actually be snow, it could be trash because it is coming

out of the burning trash. The artist wanted to show it had a connection, like smoke or

Sticks Response

By Alayasia Caldwell

Sticks by George Saunders may be trying to tell us something about something he worshipped. The pole in the story was a metal crucifix. He would decorate whenever the seasons changed or after a death or event that happened. Why I think it's him worshipping is because it is the shape of a crucifix. The same shape as the thing God got nailed on. He could be giving thanks. Probably the reason he made the cross look like death when his wife died was to grieve. Or maybe he was just materialistic. He would always manage how much condiments his children put on things. That or he hated things that go to waste. His kids could grow up to be the same way. So the old man was giving thanks to the pole and he was materialistic. Overall, he gave thanks to the crucifix and also tried to teach his kids how to not be greedy.

Sticks Response

By Dayana Aguilar

The father in the story *Sticks* by George Saunders was possibly suffering from childhood trauma and mental illness. One detail that leads to this conclusion is the quote, "We were allowed only a single Crayola from the box at a time." This shows that the father could have grown up in a strict and controlling household that later

pollution could be affecting the little kid. Watch what you do because it affects others.

turned into a parenting habit and something he did throughout his adulthood. There was also a pole that he set up outside of his house in the shape of a crucifix. He would constantly decorate and keep up with the maintenance of this pole. With these habits he showed attachment issues as he was the only one allowed to touch it. Another mental illness that he may have suffered from is hoarding. He held onto and displayed things such as, "army medals, theater tickets, and old sweatshirts." Just before his death he painted signs saying "love" and "forgive?" and he hung them from the pole showing guilt and remorse. Altogether these details show that the father's actions were influenced by unknown and underlying circumstances that may never be known to anybody other than the author.

Interested In Journalism?

There are 7 colleges in Oklahoma offering degrees in Journalism, and according to data from the 2019-2020 school year, there were 408 journalism degrees awarded varying from Associates Degrees, all the way to a Master's Degree! That being said, here are the Universities to keep an eye on!

The University of Oklahoma, Oklahoma State University, and the University of Central Oklahoma are the top 3 universities for journalism. However, other universities like Northeastern State University also offer journalism degrees while being ranked 15th of 36 for overall quality and the 3rd most popular university in the state of Oklahoma.